



Advanced Dental Care of West Morris

Preventive, Cosmetic & Implant Dentistry

Gary Vander Vliet, DMD, MAGD

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Newsletter

May Special – Brighten your smile

We're well into spring already – and summer is just around the corner. Now is the time to think about whitening your teeth – and we have a new whitening product to help make that happen! With the Day-White system, you only have to wear your trays for 30 minutes, once or twice a day – instead of overnight. For the month of May, we are offering this whitening system for only \$149.00 – a savings of \$226.00. Call today to schedule your appointment.

Sip with a straw

Most sodas, sports drinks and juices contain acids, such as citric and phosphoric, that can erode dental enamel – even if they're diet or sugar-free versions. Sipping acidic drinks through a straw positioned toward the back of your mouth limits their contact with your teeth and helps preserve the enamel.

Before you pierce...

Tongue piercing has become increasingly fashionable over the years, especially among young adults. Unfortunately, it can lead to bone loss, gum recession and chips in the lower front teeth. So before you pierce, please consider the consequences.

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Fun Fact

The Statue of Liberty's mouth is three feet wide.